

Food intake

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4.1 Had to cut down on the food intake due to lack of food during the Gaza war

		Every day	Often	Sometimes	Rarely	Never	Total	
							Total	Sample size
Total		20	23	24	8	25	100	2,017
Area	Urban	23	24	24	7	22	100	1,247
	Rural	33	27	20	5	15	100	121
	Refugee camp	12	21	25	10	32	100	649
Household type	Household with child<15	22	24	24	7	23	100	1,631
	Household without child<15	16	21	23	9	31	100	386
Gender of household head	Male	21	23	24	7	25	100	1,866
	Female	19	23	22	12	25	100	151
Household head's education level	Not completed any level	25	29	23	8	15	100	268
	Elementary	24	28	25	6	18	100	312
	Basic	23	23	25	8	21	100	416
	Secondary	18	24	24	8	27	100	510
	Higher education	17	17	22	8	36	100	506
Income last week	Income	16	19	24	9	32	100	1,108
	No income, support or nothing	26	29	23	6	16	100	905

n=All Interviewed households

4.2 Not had a hot meal in a day due to lack of food during the Gaza war

		Every day	Often	Sometimes	Rarely	Never	Total	
							Total	Sample size
Total		12	25	25	9	28	100	2,017
Area	Urban	14	26	24	9	27	100	1,247
	Rural	18	26	26	6	24	100	121
	Refugee camp	7	24	28	9	32	100	649
Household type	Household with child<15	13	26	25	9	27	100	1,631
	Household without child<15	11	21	25	10	33	100	386
Gender of household head	Male	12	26	25	9	29	100	1,866
	Female	10	21	32	13	25	100	151
Household head's education level	Not completed any level	16	31	26	9	18	100	268
	Elementary	16	29	28	8	19	100	312
	Basic	15	26	24	10	25	100	416
	Secondary	10	26	27	8	29	100	510
	Higher education	8	18	21	10	43	100	506
Income last week	Income	9	21	24	10	35	100	1,108
	No income, support or nothing	16	30	26	7	21	100	905

n=All Interviewed households

4.3 Not had a hot meal in a day due to lack of gas during the Gaza war

		Every day	Often	Sometimes	Rarely	Never	Total	
							Total	Sample size
Total		26	29	19	6	19	100	2,017
Area	Urban	29	30	18	5	17	100	1,247
	Rural	26	29	22	5	17	100	121
	Refugee camp	21	28	21	7	23	100	649
Household type	Household with child<15	26	31	19	6	18	100	1,631
	Household without child<15	26	25	19	6	25	100	386
Gender of household head	Male	27	29	19	6	19	100	1,866
	Female	22	30	23	5	21	100	151
Household head's education level	Not completed any level	31	33	15	7	14	100	268
	Elementary	29	33	18	4	15	100	312
	Basic	30	30	20	4	16	100	416
	Secondary	24	31	18	7	21	100	510
	Higher education	21	24	22	7	27	100	506
Income last week	Income	22	29	20	7	23	100	1,108
	No income, support or nothing	31	30	18	5	15	100	905

n=All Interviewed households

4.4 Not ate for a whole day due to lack of food during the Gaza war

		Often	Sometimes	Rarely	Never	Total	
						Total	Sample size
Total		10	10	12	69	100	2,015
Area	Urban	11	9	12	68	100	1,245
	Rural	16	8	11	65	100	121
	Refugee camp	5	12	12	71	100	649
Household type	Household with child<15	10	10	12	68	100	1,629
	Household without child<15	6	10	12	72	100	386
Gender of household head	Male	9	10	11	69	100	1,864
	Female	11	9	13	68	100	151
Household head's education level	Not completed any level	15	13	15	57	100	267
	Elementary	13	13	12	62	100	312
	Basic	13	12	12	64	100	416
	Secondary	6	8	13	73	100	509
	Higher education	5	6	8	80	100	506
Income last week	Income	6	7	8	78	100	1,106
	No income, support or nothing	14	13	15	58	100	905

n=All Interviewed households

4.5 Adults ate less to ensure that the children got full during the Gaza war

		Every day	Often	Sometimes	Rarely	Never	Total	
							Total	Sample size
Total		15	18	19	9	39	100	2,017
Area	Urban	17	18	18	9	38	100	1,247
	Rural	26	22	14	7	31	100	121
	Refugee camp	9	17	21	10	43	100	649
Household type	Household with child<15	17	20	21	9	34	100	1,631
	Household without child<15	8	10	10	8	64	100	386
Gender of household head	Male	15	18	19	9	38	100	1,866
	Female	11	13	13	13	52	100	151
Household head's education level	Not completed any level	24	19	19	7	31	100	268
	Elementary	16	24	21	8	30	100	312
	Basic	17	19	20	12	33	100	416
	Secondary	11	19	19	9	42	100	510
	Higher education	11	12	17	8	52	100	506
Income last week	Income	11	16	18	10	45	100	1,108
	No income, support or nothing	20	20	19	8	32	100	905

n=All Interviewed households. Note that due to exceptional circumstances, many childless households shared meals with households with children. This explains why some adults in households without children said they reduced food consumption to help ensure that children received enough food.

4.6 The most important source of food for the household the past week

		From buying in the shops	Food stored by the household	From family/relative	Food distribution by UNWRA	Food distribution by Hamas	Food distribution by Fatah	Food distribution by religious organization	Food distribution by other local NGO	Food distribution by other int. NGO	Total	
											Total	Sample size
Total		74	11	9	4	1	0	1	0	0	100	2,009
Area	Urban	76	9	10	4	1	0	1	0	0	100	1,242
	Rural	58	20	16	2	3	-	1	1	-	100	119
	Refugee camp	72	14	7	5	0	0	1	0	-	100	648
Household type	Household with child<15	74	12	9	4	1	0	1	0	0	100	1,624
	Household without child<15	73	10	12	4	1	-	1	0	-	100	385
Gender of household head	Male	74	11	9	4	1	0	1	0	0	100	1,858
	Female	70	9	13	6	1	-	1	-	-	100	151
Household head's education level	Not completed any level	57	16	17	7	1	-	2	0	-	100	267
	Elementary	65	16	12	4	1	1	1	-	-	100	311
	Basic	71	13	10	5	0	-	0	0	0	100	414
	Secondary	78	9	8	4	1	-	1	0	-	100	507
	Higher education	86	7	5	2	0	0	-	0	-	100	505
Income last week	Income	87	8	3	2	0	0	-	0	-	100	1,107
	No income, support or nothing	57	16	17	6	1	0	1	0	0	100	897

n=All Interviewed households